



AAA & FIN2FIT

Professional training courses designed for leisure, recreation and activity providers.



*Emma & Krystal
Triton Training*

**TRITON
TRAINING**

📍 UK

AAA

*Aquatic Activity
Activator*



10
CIMSPA
CPD POINTS



ROYAL
LIFE SAVING
SOCIETY UK



AAA

*Aquatic Activity
Activator*

Designed with the RLSS and endorsed by CIMSPA, this is for individuals that want to progress from their NPLQ or NRASTC to enable them to develop their knowledge, skills, and confidence to plan and deliver stand-alone aquatic activities. The course details:

Time: 16 hours (usually over 2 days)

Content: Theory (can be online or in class)
Practical in the pool

Pre-requisites: NRASTC or NPLQ





AAA

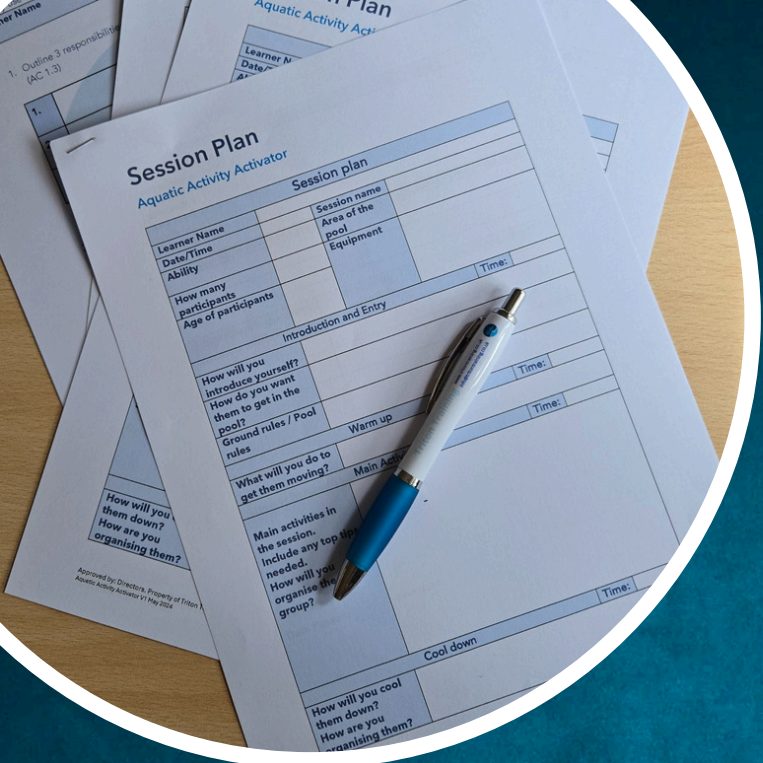
Learners will gain the knowledge and skills required to effectively plan, prepare, and deliver lesson plans for the following activities:

- **Aquatic games**
- **Water safety session**
- **Mini polo**
- **Pool volleyball**
- **Pool basketball**
- **Mini gala (races)**
- **Splash Dance**
- **Inflatable party**
- **Mini Fit**

Successful learners can go on to complete the Fin2Fit mermaid instructor course.

The Triton Training logo is located in the bottom right corner. It consists of a dark blue circle containing the words 'TRITON TRAINING' in white, bold, sans-serif capital letters. Below the text is a stylized white wave graphic.

**TRITON
TRAINING**



AAA

The course is priced at £150 per person for individual bookings.

For organisations, we offer tailored group delivery, enabling more cost-effective training and the inclusion of complimentary places.

Please contact us if you would like to discuss group delivery options.



📍 UK

FIN2FIT

*Mermaid instructor
course*



10
CIMSPA
CPD POINTS



FIN2FIT

*Mermaid instructor
course*

Certificated with Swim England and endorsed by CIMSPA, this is for individuals that want to teach swimmers how to use a monofin with a tail (mermaid swimming) for either stand alone sessions (parties) or weekly sessions.

Time: 3 hours online (in learners time)
3 hours practical

Content: Theory includes homework
Practical in the pool

Pre-requisites: AAA or L2 Swimming Teacher

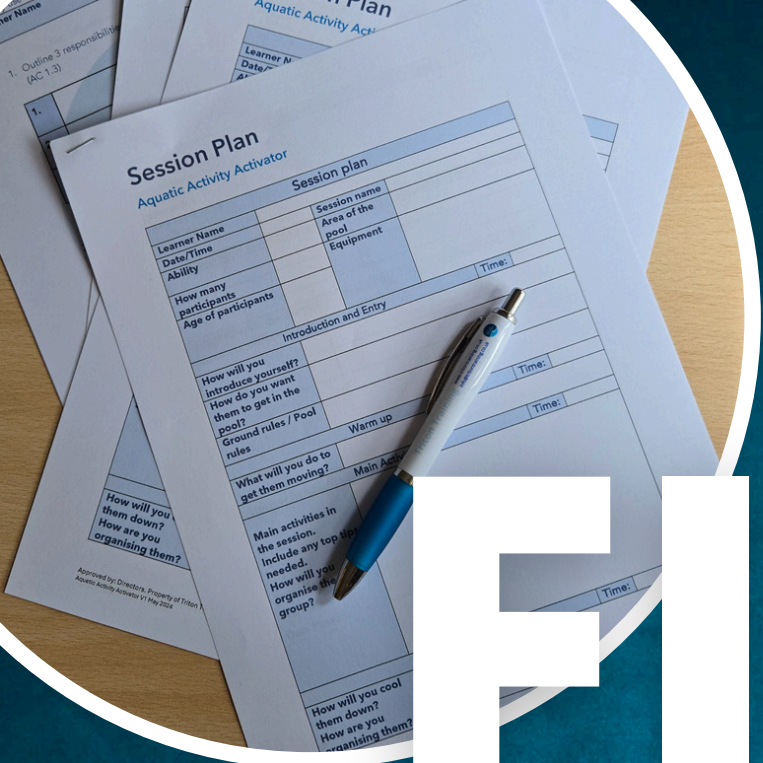


FIN2FIT

Learners gain the skills and confidence to plan and deliver safe, engaging monofin sessions. They will learn how to:

- Use monofin equipment safely and appropriately
- Deliver monofin aquatic skills
- Plan and deliver structured, progressive sessions
- Embed water safety and risk management into every session
- Adapt activities for different ages, abilities and needs

On completion, learners are equipped to deliver high-quality, fun and fitness-focused aquatic activities in monofins and tails.



FIN2FIT

The course is priced at £250 per person for individual bookings (including their year licence). After which the licence costs £75 per year.

For organisations, we offer tailored group delivery, enabling more cost-effective training and the inclusion of complimentary places. We can also arrange this alongside the AAA.

Please contact us if you would like to discuss group delivery options.

