

Course Overview

Aquatic Activity Activator 2 Day Course



The Aquatic Activity Activator (AAA) Module is designed for individuals looking to build on their existing lifesaving qualifications (NPLQ or NRASTC) and develop the ability to plan, deliver, and evaluate stand-alone aquatic activities. It focuses on building practical skills, professional conduct, and confidence to deliver fun, inclusive, and safe aquatic sessions.

This qualification is ideal for those looking to:

- Progress to a higher-level qualification in aquatic delivery
- Gain employment in aquatic or leisure environments
- Enhance personal development and confidence
- Deliver one-off or stand-alone aquatic sessions in poolside settings

Qualification Details:

- Qualification Title: Aquatic Activity Activator
- Qualification Number: TT/001/1
- Registration Period: 28 days from the assessment day
- Total Qualification Time: 26 hours
- Guided Learning Hours: 16
- Prerequisites: NPLQ or NRASTC, aged 16 or older

Potential Progression Routes:

- SEQ Level 1 Assistant Teacher (Swimming)
- SEQ Level 2 Teaching Swimming
- SEQ Level 2 Teaching Babies and Toddlers
- SEQ Level 2 Coaching Open Water Swimming
- Level 2 Aqua Instructor
- Fin2Fit Instructor
- Rookie Instructor

Course Content Includes:

- Planning and delivering inclusive aquatic sessions
- Practical aquatic activity delivery (e.g., mini polo, splash dance, inflatable parties)
- Evaluation of session performance
- Participant engagement and behaviour management
- Communication and teamwork
- Health, safety, and safeguarding in aquatic environments

Assessment:

This is a tutor-assessed course, with both theory and practical elements. All assessment criteria must be met for a learner to pass. Assessments include:

- Three detailed lesson plans (minimum 45 minutes each)
- One facilitated session with real or peer participants
- Practical evaluation of delivery
- Completed worksheets

For issues regarding any of our policies please contact our directors via info@tritontraining.co.uk

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- Plan for professional development

Assessment must be completed within a 28-day window starting from the first day of assessment. Reassessment is required if any part is failed.

Renewal:

The AAA qualification must be renewed every 2 years. To renew, learners must:

- Present a valid certificate
- Provide ID
- Complete an online CPD renewal training

Enrolment:

To enrol please head to the website www.tritontraining.co.uk or request further information, please contact: info@tritontraining.co.uk

Course Fees

Course Fees: £150.00 per candidate

Prices may vary based on venue and equipment availability

