

# Course Overview

## Fin2Fit Monofin Teacher Course

### Swim England & RLSS Affiliated



This CPD course is a 1-day course and is aimed at Swimming Instructors wanting to teach Fin2Fit Mermaid Swimming.

#### **Candidates must meet the following criteria as prerequisites:**

- Be 16 years+ at the point of enrolment.
- Learners must have all pre-requisites in place before the start of the course. Qualification certificates cannot be issued if all pre-requisites are not met before the start of the course, post course submissions will not be accepted.
- Learner must hold either the SEQ Level 2 Swimming Teacher Qualification or the STA Level 2 Certificate.

#### **On the Fin2Fit CPD you will cover the following subjects:**

##### **Fin2Fit CPD Theory**

- Code of Conduct for Instructors and Volunteers
- Code of Conduct for Children and Young People
- Introduction and History of the Mono-Fins
- All about the Fins
- Fin Fundamentals
- Session Planning
- Self-Evaluation
- Risk Assessment
- Accident Reporting
- Safeguarding
- Affiliation Guidelines

##### **Fin2Fit CPD Practical**

- The type of assistance you can provide.
- Practical teaching methods
- Poolside and in-water teaching
- Support Holds
- Fin Skills
- Streamlining
- Rotation
- Buoyancy
- Resistance
- Sculling
- Artistic Fin Swimming

Over the course we will cover peer teaching for strokes and skills. Assisting, support and practical demonstrations, safe supervision, and direction within a lesson as part of your assessment.

#### **Course Delivery Sessions**

You must attend 100% of classroom, online classroom sessions and practical pool sessions as well as submit all homework and coursework on time for marking to complete the course successfully. Course Dates can be found on the website.

For issues regarding any of our policies please contact our directors via email [info@tritontraining.co.uk](mailto:info@tritontraining.co.uk)

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#### **Assessment:**

On the day of your course, you will be supplied with an official Fin2Fit manual & workbook which you will complete during your course and will be reviewed by your tutor once complete. The Theory workbook will form the first part of your assessment and must be complete and completed on the day of your course.

You will also have a practical assessment where your tutor will observe your direction and interactions within a minimum of one lesson where you will demonstrate your new skills gained on the course. At this point the tutor will complete your Observation Record which forms the second part of your Assessment.

Following your practical assessment, you will complete an evaluation of how you feel you performed and where you can make improvements for your own development and action plan for the future. This will form the final part of your assessment and once completed will complete your course.

#### **Enrolment**

Please use this link to enrol: <https://forms.gle/6bYfmFkzqnJQxmWX8>

#### **Course Fees**

The course fee for the Fin2Fit CPD course is £250.00 which includes certification, course paperwork and additional resources and 1-year Fin2Fit affiliation fee.

#### **Annual Affiliation Fees**

Please note that continued affiliation fees apply annually in the form of a FIN2FIT Licence to Practise (annual affiliation price £75.00).

Failure to maintain the Licence to practice will result in the invalidation of the FIN2FIT qualification.

Annual Affiliation Fees include access to:

- Keeping our partnerships and affiliations in place with RLSS and Swim England so that it continues to be recognised and supported by them.
- Registering the course with CIMSPA
- Developing the award scheme so that there are more opportunities for you to deliver.
- Putting on additional training to look into different aspects of delivering Fin2Fit.
- Facilitating meetings (online/face to face) to share best practice.
- Discounts on our courses for you and your friends
- Giving you access to all of the marketing materials/ logos that you need to deliver.

