

# Course Overview



## First Aid at Work (FAW) 3 Day Course (Supervisor)

### **About the Course**

The IQL Level 3 First Aid at Work Qualification covers a wide range of CPR and first aid skills, equipping the first-aider to apply first aid to a range of specific injuries and illness. This three-day course covers a range of CPR and first aid skills, providing you with the skills to ensure a safe working environment.

The qualification is Ofqual accredited and valid for three years, making it suitable for all industries and enabling you to meet HSE requirements.

The First Aid at Work course is 18 hours and can be delivered over three consecutive days or can be split into smaller sessions and delivered over a 10 week period from the start of the course.

The course comprises of practical work and theoretical classroom work, as well as a practical assessment on CPR and first aid.

### **Pre-Requisites**

Candidates must be a minimum of 16 years of age at the time of taking the assessment. No prior first aid knowledge is required.

### **Recommended For**

Everyone!

Individuals and organisations are advised to take this course.

### **Course Delivery Sessions**

You must attend 100% of classroom, online classroom sessions and practical sessions as well as submit all homework and coursework on time for marking to complete the course successfully.

Course Dates can be found on the website and for course timings please request at [info@tritontraining.co.uk](mailto:info@tritontraining.co.uk).

*\*Please note that timings and delivery method may change due to the ongoing covid-19 pandemic. Any changes will be communicated to the learners in good time.*

### **On the FAW course you will cover the following subjects:**

- A range of subjects are covered including:
- Understanding the role and responsibilities of a first aider
- How to manage an unresponsive casualty who is not breathing normally
- How to manage a casualty who is in shock
- How to assess an incident
- How to recognise and assist a casualty who is choking
- How to manage a casualty with a minor injury

For issues regarding any of our policies please contact our directors via email [info@tritontraining.co.uk](mailto:info@tritontraining.co.uk)

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- How to manage an unresponsive casualty who is breathing normally
- How to manage a casualty with external bleeding
- How to conduct a secondary survey
- How to administer first aid to a casualty with burns and scalds
- How to provide first aid to a casualty with suspected major illness
- How to administer first aid to a casualty with injuries to bones, muscles and joints
- How to administer first aid to a casualty with an eye injury
- How to administer first aid to a casualty with suspected head and spinal injuries
- How to administer first aid to a casualty with sudden poisoning
- How to administer first aid to a casualty with suspected chest injuries
- How to administer first aid to a casualty with anaphylaxis

### **Assessment**

First Aid at Work is Trainer Assessed throughout the course and the assessment should determine a learner's ability to act safely, promptly and effectively when an emergency occurs at work and to deal with a casualty. All Assessment Criteria in the units must be achieved.

