




QUALITY ASSURED
ENHANCING ★★ ★

COURSE PORTFOLIO



2025



Who we
are

THE TRAINING COMPANY THAT LOOKS AFTER YOU

Triton Training is a small vocational training company specialising in aquatic courses for the leisure industry. The company is managed by two directors who also serve as the main tutors. We have a combined experience of more than 50 years in leisure management, swim teaching and lifeguarding with a wealth of experience in a variety of aquatic disciplines. Our main base of qualifications take place in Croydon, Bromley and Lewisham however, we also deliver in Centres across the country.

We specialise in swimming and our ethos is simple, learn from experience and grow with support. We support learners from the day that you enquire with us, and continue to do so throughout your new career as you progress to the level you want.

The courses which we specialise in include:

- STA Award and Certificate in Swimming Teaching
- Swim England Level 1 and 2 in Teaching Swimming
- RLSS Lifeguard qualification (NPLQ), Emergency response, First Aid, National Rescue Award for Swimming Teachers and Coaches (NRASTC)
- Fin2Fit mermaid courses and other CPDs

We want to support teachers throughout their career and know that there's still a lot of learning that takes place after the initial qualifications. We have therefore developed packages to support learners further with 1-2-1 support and a range of online materials to access.

WHAT WE ENSURE

Quality assurance

We carry out internal verification (IV) for the courses delivered and standardisation across the whole Triton Training provision to maintain a standardised approach to assessment. We also manage external verification function when requested from the awarding body. This is an approved training centre requirement.

Additional resources

Learners will receive delivery resources, ongoing support material and framework information for the selected qualification as well as a learner assessment portfolio.

Customer service and administration

Our tutors will handle all enquiries and offer initial advice and guidance for learners. Learner details and assessment information regarding safeguarding including emergency contact details, travelling to and from courses for under 18's and other duty of care data will be recorded and securely stored.

Supporting systems

We ensure that our tutors are up to date with their training and encourage continual professional development. New resources are developed by the tutors regularly which are insightful, developmental and fun to inspire learners into their new career in the leisure industry.

Maintenance and compliance with our regulators

We regularly review and update policies for appeals, malpractice and maladministration, equal opportunities, safeguarding, assessment appeals, health and safety, data protection, complaints, reassessments policy, special requirements, reasonable adjustments, learner existence and eligibility policy. All policies can be shared with learners and are available to download on our website.



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ENHANCING**



CIMSPA®
Education Partner

Swim England Qualifications (Previously ASA)

To become a fully qualified Swim England swimming teacher, there are two qualifications required. The SEQ Level 1 Swimming Assistant (Teaching) course is the first step, which allows you to support a Level 2 qualified swimming teacher. We then recommend gaining at least three months' experience as a swimming assistant before progressing onto an SEQ Level 2 Teaching Swimming course (although this is not always a necessity). Once you have achieved your Level 2 qualification, you can add to your skills to specialise in specific areas of swimming teaching, such as parent and toddler lessons. .



Safety Training Awards (STA)

The first step you'll need to take to become a fully qualified swimming teacher with STA is the Award qualification. The STA Award course will develop your vocational skills and technical knowledge, so you can independently teach your own class of 12 participants from non-swimmer to advanced (children and adults). The next step to progress as a swimming teacher is to retain your swimmers by offering advanced skills lessons and advanced awards with the STA Certificate course.



Fin2Fit Mermaid Instructor

This one-day Swim England accredited CPD qualifies you to take mermaid lessons, complete with mono-fins and mermaid tails. Must hold a swimming teachers qualification and current DBS certificate as a prerequisite to the this course.



Our
COURSES



National Pool Lifeguarding Qualification (NPLQ)

The industry-leading lifeguard qualification teaches you the necessary skills to work as a pool lifeguard. The course runs over five days and includes practical and theory sessions, which are assessed throughout the course by the tutor and by an independent external assessor on the final day of the course. To enrol on this course, candidates must be able to swim 25 metres in 30 seconds.

National Rescue Award for Swimming Teachers and Coaches (NRASTC)

Many operators ask that swimming teachers have the rescue award, or to be a lifeguard. There are two options for this qualification, the two day NRASTC which qualifies you to respond in an emergency without a lifeguard or the 'light' version which is a one-day course when there is lifeguard support available.

RLSS Emergency Responder (ER)

Many hotel and small pools use emergency responders to cover pool emergencies and this course gives you the qualification to be able to do this. This course is tutor assessed and runs over two days.

RLSS First Aid at Work (FAAW)

This qualification is needed by every workforce to cover their first aid requirements. This course runs over three days and is tutor assessed.

All of the above courses are available throughout the year for candidates to book onto, dates are published on our website. The courses can also be booked directly with operators to qualify a number of learners at one facility.

Our
COURSES



RESCUE

SWIM ENGLAND VS STA

We often get asked about the difference between the two awarding bodies so we have included some information below.

We believe, ultimately with the right person and the right training going through either route will produce an amazing teacher. Both pathways teach you the same skills the main difference is how the knowledge and information is split between the courses. Both pathways will require you to complete 2 courses to be fully qualified and both will provide you with all of the experience you need to start your amazing new career.... the biggest difference is You!

When deciding which pathway to choose, you will need to consider a number of points. Firstly where you would like to work, some employers still only recognise Swim England Qualifications as a prerequisite to employment and will only employ teachers with this qualification whereas others welcome either. Therefore, if you know of a centre or employer that you would ideally like to work for, check what they accept first. Both qualifications are accepted nationally and internationally however, the Swim England qualification is more recognised across swim schools in the UK.

If you would like to teach independently straight away, the STA Award means you can teach non-swimmers, beginners and improvers as soon as you have passed the Award course. The Swim England course pathway means you assist first to gain experience from Level 2 teachers.

Typically, the STA Award course (£450) is 5 days, Certificate (£400) 4 days both are tutor and externally assessed. Swim England Level 1 (£425) is 4 days and level two (£700) is 8 days, both tutor assessed.



RPL - RECOGNISED PRIOR LEARNING

Here at Triton Training we do recognise prior learning that may have been obtained from previous qualifications and training which can contribute to a new qualification with us.

Recognition of Prior Learning (RPL) is a method of assessment that considers whether a learner can demonstrate that they can meet the assessment requirements for a unit through knowledge, understanding or skills they already have and do not need to develop through a course of learning.

Some benefits of RPL.

- It reduces the duplication of learning
- Learners can complete this without having to take time from work or attend a learning programme
- Learners can complete this as a method of upskilling if they need to re-enter a workplace.
- It allows for gaps and shortages in skill to be filled

Before registering Learners, Triton Training's quality manager will discuss the option of using RPL for a learner's past learning or experience and the likelihood that RPL will be acceptable.

A Learner's eligibility to qualify for RPL will be dependent upon their existing levels of skill or knowledge and qualifications already obtained. Where past certification only provides evidence that could be considered for part exemption of a qualification, learners must be able to offer additional evidence of previous or recent learning or achievement or undertake the required assessments.

A good example of using RPL would be:

If a learner already holds a valid SEQ Level 2 Teaching Swimming Qualification achieved after April 2022 they do not have to do the full SEQ Level 2 Teaching Swimming to Babies and Toddlers Qualification as they can RPL the units in common from their Level 2 and vice versa.

Please see our website for links on [How to apply for RPL](#)



AVAILABLE SWIM ENGLAND PACKAGES

The below packages can be edited to suit you, we also offer payment plans with no extra cost to you.



Platinum package- £1450

- The SEQ Level 1 Swimming Assistant (Teaching) Qualification course
- SEQ Level 2 Teaching Swimming qualification
- RLSS NRASTC course
- Swim England Safeguarding Course
- 15% off any other Triton Training CPDs
- 1-2-1 action plan following course with tutor
- Additional 1-2-1 support while on course
- Mentor Support following your qualification



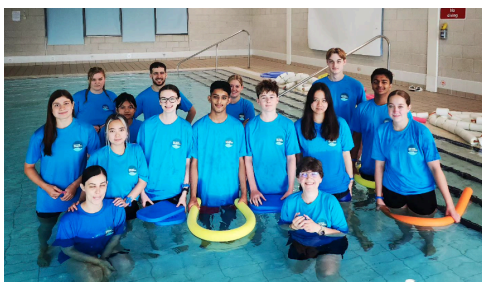
Gold package- £1350

- The SEQ Level 1 Swimming Assistant (Teaching) Qualification course
- SEQ Level 2 Teaching Swimming qualification
- RLSS NRASTC course
- 10% off any other Triton Training CPDs
- 1-2-1 action plan following course with tutor
- Support into employment



Silver package- £1200

- The SEQ Level 1 Swimming Assistant (Teaching) Qualification course
- SEQ Level 2 Teaching Swimming qualification
- RLSS NRASTC course
- 10% off any other Triton Training CPDs
- 1-2-1 action plan following course with tutor



Bronze package- £1150

- The SEQ Level 1 Swimming Assistant (Teaching) Qualification course
- SEQ Level 2 Teaching Swimming qualification
- Swim England Safeguarding Course
- 1-2-1 action plan following course with tutor

Ask us for more information about discounts for referring friends and colleagues

AVAILABLE STA PACKAGES

The below packages can be edited to suit you, we also offer payment plans with no extra cost to you.



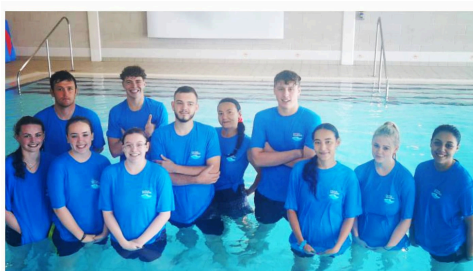
Platinum package- £1275

- STA Award and Certificate courses
- NRASTC course
- 15% off any other Triton Training CPDs
- 1-2-1 action plan following course with tutor
- Additional 1-2-1 support while on course
- Support into employment
- Support when in employment, poolside and with lesson plans
- Access to online tutorials which are regularly updated
- Access to swim lesson plans and scheme of works



Gold package- £1175

- STA Award and Certificate courses
- NRASTC course
- 10% off any other Triton Training CPDs
- 1-2-1 action plan following course with tutor
- Support into employment
- Access to online tutorials which are regularly updated
- Access to swim lesson plans and scheme of works



Silver package- £1050

- STA Award and Certificate courses
- NRASTC course
- 5% off any other Triton Training CPDs
- 1-2-1 action plan following course with tutor
- Access to online tutorials which are regularly updated



Bronze package- £950

- STA Award and Certificate courses
- NRASTC course
- 5% off any other Triton Training CPDs

Ask us for more information about discounts for referring friends and colleagues

Terms and conditions apply.



We look forward to hearing from you to start your career in leisure.

Email: Info@tritontraining.co.uk

Website: www.tritontraining.co.uk

Social media: @tritontrainingltd



Approved
Training
Centre



ROYAL
LIFE SAVING
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Funding Agency