

# Course Overview

## Emergency First Aid at Work (EFAW) 1 Day Course



## About the Course

The Level 3 Emergency First Aid at Work (EFAW) qualification enables a first-aider to give emergency first aid to someone who is injured or becomes ill while at work.

This one-day course covers a range of CPR and first aid skills, providing you with the skills to ensure a safe working environment.

The qualification is Ofqual accredited and valid for three years, making it suitable for all industries and enabling you to meet HSE requirements.

The Emergency First Aid at Work course is six hours and can be delivered in one day or split into smaller sessions over a four-week period from the start of the course. The course comprises of practical work and theoretical classroom work, including practical assessment on CPR and first aid.

The award is valid for three years as of the date of assessment.

## Prerequisites

Candidates must be a minimum of 16 years of age at the time of taking the assessment. No prior first aid knowledge is required.

## Recommended For

Everyone!

Individuals and organisations are advised to take this course.

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## Course Content

A range of subjects are covered including:

- Understanding the role and responsibilities of a first aider
- How to manage an unresponsive casualty who is not breathing normally
- How to manage a casualty who is in shock
- How to assess an incident
- How to recognise and assist a casualty who is choking
- How to manage a casualty with a minor injury

For issues regarding any of our policies please contact our directors via [info@tritontraining.co.uk](mailto:info@tritontraining.co.uk)

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## Emergency First Aid at Work (EFAW) 1 Day Course

- How to manage an unresponsive casualty who is breathing normally
- How to manage a casualty with external bleeding

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## Assessment

The course comprises practical work and theoretical classroom work, as well as a practical assessment on CPR and first aid. All assessment criteria in the units must be achieved.

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## Renewal

In order to re-qualify learners must be assessed against all learning outcomes and assessment criteria in the unit. For EFAW this will be the same as the initial course of 6 hours. An EFAW renewal course must not be run over a period of more than 3 weeks.

## Fees

Regular course fees are £160pp. Prices may differ for a private course based on fewer than 8 candidates.