



SEQ LEVEL 1

# Swimming Assistant (Teaching)

QUALIFICATION SUMMARY

(QAN): 601/8230/1

# Welcome to the SEQ Level 1 Swimming Assistant (Teaching) Qualification Summary

## About Swim England Qualifications

**We develop market-leading qualifications for the aquatic industry.**

As the awarding organisation for the national governing body for swimming in England, we aim to ensure our qualifications are high quality and reflect the latest industry developments.

Our qualifications are designed to:

- create a professional, high quality and diverse workforce
- equip learners with real world know-how and skills for the next stage in their career development
- meet industry recognised standards and the needs of employers.

The full list of qualifications awarded by Swim England Qualifications can be found on the Ofqual Register of Regulated Qualifications: [register.ofqual.gov.uk](https://register.ofqual.gov.uk) or via Qualification Wales: [qiw.wales](https://qiw.wales).

## Equal Opportunities

Swim England Qualifications fully supports the principles of equal opportunities and is committed to satisfying these in all activities and published materials. A copy of our Equality and Diversity Policy is available on our website: [swimenglandqualifications.com](https://swimenglandqualifications.com).



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# 1 Introduction to the qualification

## 1.1 CIMSPA professional standard endorsement

This qualification has been endorsed as meeting the requirements of the professional standard for the role of an Assistant Swimming Teacher.

CIMSPA maintain the professional standard for an Assistant Swimming Teacher. The professional standard outlines the role and scope of an Assistant Swimming Teacher and the essential knowledge and skills that are needed to meet the sectors minimum deployment standards.

## 1.2 Entry requirements

Individuals must be 16 years of age or older on the first day of the course.

## 1.3 About this qualification

Qualification title:	<b>SEQ Level 1 Swimming Assistant (Teaching)</b>
Qualification number:	<b>601/8230/1</b>
Qualification Level:	<b>1</b>
Registration Period:	<b>12 months from the first day of registration</b>
Total Qualification Time (TQT):	<b>30 hours</b>
Guided Learning (GL):	<b>26 hours</b>

**GL** is the amount of time an individual spends being taught or instructed by a Swim England licensed Educator.

**TQT** is comprised of the following two elements:

1. the number of hours which we have assigned to a qualification for Guided Learning
2. an estimate of the number of hours an individual will reasonably be likely to spend in preparation, study or other form of participation in education or training, including assessment.

This qualification has been designed in order to enable the combined delivery of this SEQ Level 1 Swimming Assistant (Teaching) with either the SEQ Level 2 Teaching Swimming and/or SEQ Level 2 Teaching Swimming to Babies and Toddlers.

## 1.4 Who the qualification is for

This qualification is for individuals that want to start a career in swimming.

## 1.5 What the qualification could lead to

The qualification may also enable individuals to progress to other higher-level aquatics based qualifications within the sector such as:

- **SEQ Level 2 Teaching Swimming**
- **SEQ Level 2 Teaching Swimming to Babies and Toddlers**
- **SEQ Level 3 Swim Coordinator**

It may also enable individuals to seek employment and/or progression within the wider sport and active leisure sector or a related industry.

## 1.6 Objective of the qualification

The objectives of the qualification are to either:

- prepare individuals to progress to a qualification in the same subject area but at a higher level
- prepare individuals that require more specific knowledge, skills and understanding
- prepare individuals for employment
- support a role in the workplace, or
- give individuals personal growth and engagement in learning.

## 1.7 What the qualification covers

The qualification provides individuals with the essential knowledge and skills needed to assist a qualified Swimming Teacher in delivering high quality inclusive swimming lessons in a range of settings, for example at a leisure centre, swim school or club learn to swim programme.

## 1.8 Structure of the qualification

The SEQ Level 1 Swimming Assistant (Teaching) qualification consists of the following Learning Outcomes and Assessment Criteria.

SEQ Level 1 Swimming Assistant (Teaching)	
Learning outcomes <i>The Learner will be able to...</i>	Assessment criteria <i>The Learner can...</i>
1. Understand the role and responsibilities	<ul style="list-style-type: none"> <li>• Identify relevant legal regulatory requirements</li> <li>• Identify organisational policies and procedures</li> <li>• Describe the role and responsibilities of a Swimming Assistant</li> </ul>
2. Understand the participant journey	<ul style="list-style-type: none"> <li>• Identify the FUNdamental movement skills</li> <li>• Outline the Core Aquatic Skills</li> <li>• Identify the FUNdamental movement skills and the Core Aquatic Skills needed to support the development of complex skills</li> </ul>
3. Know the component parts of the strokes	<ul style="list-style-type: none"> <li>• Identify the key features of the component parts of the strokes</li> </ul>
4. Know how to create an inclusive environment	<ul style="list-style-type: none"> <li>• Describe how to support the creation of an inclusive swimming lesson</li> <li>• Identify the possible signs and causes of anxiety</li> <li>• Outline how to support an anxious participant</li> </ul>
5. Know the purpose of components of a swimming lesson	<ul style="list-style-type: none"> <li>• Outline the purpose of components of a swimming lesson</li> </ul>
6. Support participants and the Swimming Teacher	<ul style="list-style-type: none"> <li>• Undertake assistive tasks</li> <li>• Demonstrate action to deal with hazards</li> <li>• Outline the scientific principles in swimming</li> <li>• Describe types of swimming equipment</li> <li>• Provide support to meet the participant needs</li> <li>• Use positive behaviour strategies with a participant</li> </ul>
7. Demonstrate effective communication skills	<ul style="list-style-type: none"> <li>• Use verbal and non-verbal communication skills</li> <li>• Demonstrate professional conduct</li> <li>• Describe verbal and non-verbal communication skills</li> </ul>
8. Review own performance	<ul style="list-style-type: none"> <li>• Outline performance feedback</li> <li>• Identify strengths and areas for improvement of own performance</li> <li>• Identify continuing professional development opportunities</li> </ul>

## 2 Assessment

### 2.1 Assessment Summary

The purpose of assessment is to ensure that effective learning has taken place and to enable individuals the opportunity to demonstrate their learning through the achievement of all the Learning Outcomes and Assessment Criteria.

### 2.2 Assessment Process

The Approved Training Centre undertakes the assessment. This is referred to as internal assessment.

All evidence produced by the individual must be their own, and in English.

All Learning Outcomes and Assessment Requirements must be achieved.

### 2.3 Assessment Tasks

Assessment is made up of a number of activities that are set by Swim England Qualifications and include:

- **Theoretical questions**
- **Observation**
- **Review record**

For Approved Training Centres that wish to develop their own assessment activities they should refer to the related qualification SEQ Assessment Strategy.

### 3 Contact points

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E: [info@swimenglandqualifications.com](mailto:info@swimenglandqualifications.com)

W: [swimenglandqualifications.com](http://swimenglandqualifications.com)

### 4 Head office address

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