

# Course Overview

## STA L2 Certificate in Teaching Swimming



The Level 2 STA Certificate in Teaching Swimming is the perfect way to progress after achieving the Level 2 STA Award in Teaching Swimming. This qualification will expand your expertise to teach competitive strokes, survival and rescue skills, diving, competitive starts and turns; allowing you to teach non-swimmers through to advanced participants.

The course develops your vocational skills and technical knowledge to qualify as an advanced skills swimming teacher (children and adults). This qualification is recognised internationally, allowing you to take your swimming teaching career around the world.

### **Candidates must meet the following criteria as prerequisites:**

- Be 16 years+ at the point of assessment
- Hold current membership of STA.
- **STA Level 2 Award Qualification**
- Learners must have all pre-requisites in place before the start of the course. Qualification certificates cannot be issued if all pre-requisites are not met before the start of the course, post course submissions will not be accepted.

### **Course Delivery Sessions**

You must attend 100% of classroom, online classroom sessions and practical pool sessions as well as submit all homework and coursework on time for marking to complete the course successfully.

Course Dates can be found on the website and for course timings please request at [info@tritontraining.co.uk](mailto:info@tritontraining.co.uk).

*\*Please note that timings and delivery method may change due to the ongoing covid-19 pandemic. Any changes will be communicated to the learners in good time.*

### **Practical Sessions**

Throughout the course you will have a number of practical sessions where your tutor will guide you through advanced teaching knowledge and methods. You will also have observations within the lessons you teach where your tutor will observe your interactions within the lessons and where you will demonstrate your new skills gained on the course. At this point the tutor will complete your Observation Record which forms the second part of your Assessment. Your tutor will also be able to provide you with feedback for your development.

- The type of assistance you can provide
- Progressive Practices
- Practical teaching methods
- Poolside teaching
- Demonstrations
- Communication Methods



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During the course you will cover peer teaching for strokes and advanced skills. Teaching and practical demonstrations within lessons. You will need to deliver a number of lessons each 30minutes in duration demonstrating supervision and direction within the lessons to the advanced stages of the course venue's Swim Programme:

- All four strokes must be covered within the lessons demonstrating progressive practices.
- Advanced water safety skills
- Advanced competitive skills (dives and turns)

All of the lessons delivered will be planned during Theory sessions.

### **On the STA Certificate course you will cover the following subjects:**

- Safeguarding Children, Young People and Vulnerable Adults
- Planning, Delivering, Assessing and Evaluating Swimming Lessons
- Understand a Swimming Teacher's Role
- Understanding the Health and Safety Requirements for an Aquatic Environment
- Understanding the Scientific and Learning Theories Relevant to Swimming Teaching
- Planning, Delivering, Assessing and Evaluating Competitive Swimming Strokes
- Planning, Delivering and Assessing Advanced Swimming Skills
- Understand the Safety Requirements for Advanced Swimming Skills
- Understand Swimming within Education

### **Assessment**

The STA Certificate Course is tutor assessed throughout the course on both your theory knowledge and practical demonstrations to determine your ability to plan and deliver safe and effective lessons on your own. On the final day of this course you will also be externally assessed by an independent assessor who will verify that your qualification will be awarded. All Assessment Criteria in the units must be achieved.

### **Enrolment**

Please use the following email to enrol: [info@tritontraining.co.uk](mailto:info@tritontraining.co.uk)

### **Course Fees**

Course Fees: £400.00 per candidate

