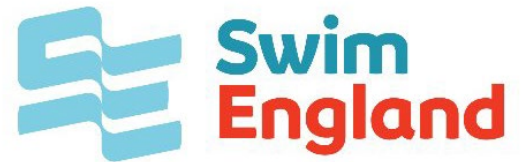


Course Overview



Swim England L1 Assistant Swimming Teacher

This course is the perfect place to gain experience in teaching and is the first step your journey to becoming a fully qualified swimming teacher. The course develops your knowledge, skills and abilities as an assistant swimming teacher. It will enable you to actively support a qualified swimming teacher in the delivery of a planned learn to swim session.

Candidates must meet the following criteria as prerequisites:

- Be 16 years+ at the point of Enrolment
- Learners must have all pre-requisites in place before the start of the course.
- Qualification certificates cannot be issued if all pre-requisites are not met before the start of the course, post course submissions will not be accepted.
- On the Swim England Level 1 course you will cover the following subjects:
- SEQ Level 1 Theory
- The legal aspects of assisting in swimming lessons
- The role and responsibilities of a Swimming Assistant
- The swimming pathway, fundamental movement, core aquatic skills and component parts of strokes
- Scientific principles of swimming
- The games based approach to teaching
- What makes up a lesson plan, equipment and communications skills
- How to identify anxiety and use of motivational techniques
- Personal Evaluation
- Action Planning

SEQ Level 1 Practical

- The type of assistance you can provide
- Practical teaching methods
- Poolside and in-water teaching
- Support Holds

Over the course of the days we will cover peer teaching for strokes and skills. Assisting, support and practical demonstrations within lessons. You will assist in a total of six lessons each 30minutes in duration demonstrating working with a level 2 teacher, safe supervision and direction within the lessons as part of your assessment.

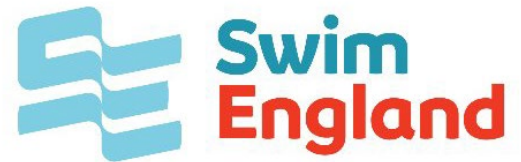
Course Delivery Sessions

You must attend 100% of classroom, online classroom sessions and practical pool sessions as well as submit all homework and coursework on time for marking to complete the course successfully.

Course Dates can be found on the website and for course timings please request at info@tritontraining.co.uk.



Course Overview



Swim England L1 Assistant Swimming Teacher

Assessment:

On day one of your course, you will be supplied with an official SEQ Level 1 Assistant teacher Theory workbook which you will complete during your course and will be reviewed throughout by your tutor. The Theory workbook will form the first part of your assessment and must be complete and competent by the final day of your course.

On the final day of the course, you will have a practical assessment within the lessons you assist for where your tutor will observe your interactions within the lessons where you will demonstrate your new skills gained on the course. At this point the tutor will complete your Observation Record which forms the second part of your Assessment.

Following your practical assessment, you will complete an evaluation of how you feel you performed and where you can make improvements for your own development and action plan for the future. This will form the final part of your assessment and once completed will complete your course.

Enrolment

Please use the following link to enrol: <https://forms.gle/pwfFoLWqzJK91deo6>

Course Fees

The course fees for the SEQ Level 1 course are £395.00 which includes certification, course paperwork and additional printed/electronic resources.

