

# Course Overview



## Emergency First Aid at Work (EFAW) 1 Day Course

### **About the Course**

The IQL Level 3 Emergency First Aid at Work (EFAW) qualification enables a first-aider to give emergency first aid to someone who is injured or becomes ill while at work. This one-day course covers a range of CPR and first aid skills, providing you with the skills to ensure a safe working environment.

The qualification is Ofqual accredited and valid for three years, making it suitable for all industries and enabling you to meet HSE requirements.

The Emergency First Aid at Work course is six hours and can be delivered in one day or split into smaller sessions over a four week period from the start of the course. The course comprises of practical work and theoretical classroom work, including practical assessment on CPR and first aid.

The award is valid for three years as of the date of assessment.

### **Pre-Requisites**

Candidates must be a minimum of 16 years of age at the time of taking the assessment. No prior first aid knowledge is required.

### **Recommended For**

Everyone!

Individuals and organisations are advised to take this course.

### **Course Delivery Sessions**

You must attend 100% of classroom, online classroom sessions and practical sessions as well as submit all homework and coursework on time for marking to complete the course successfully.

Course Dates can be found on the website and for course timings please request at [info@tritontraining.co.uk](mailto:info@tritontraining.co.uk).

*\*Please note that timings and delivery method may change due to the ongoing covid-19 pandemic. Any changes will be communicated to the learners in good time.*

### **On the EFAW course you will cover the following subjects:**

- Understanding the role and responsibilities of a first aider
- How to manage an unresponsive casualty who is not breathing normally
- How to manage a casualty who is in shock
- How to assess an incident
- How to recognise and assist a casualty who is choking
- How to manage a casualty with a minor injury
- How to manage an unresponsive casualty who is breathing normally
- How to manage a casualty with external bleeding



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### **Assessment**

Emergency First Aid at Work is Trainer Assessed throughout the course and the assessment should determine a learner's ability to act safely, promptly and effectively when an emergency occurs at work and to deal with a casualty. All Assessment Criteria in the units must be achieved.

### **Course Fees**

Course Fees: £100.00 per candidate  
All course fees must be paid directly to:  
Triton Training Ltd.  
Sort Code: 23-69-72  
Account Number: 18390777

Once your payment has been received and after successful completion of the course your certificates will be released.

